Boothbay Harbor Country Club

Where Luxury Meets Nature



BOOTHBAY HARBOR COUNTRY CLUB

50 Sugar Maple Lane, P.O. Box 757 Boothbay, ME 04537

Phone: 207-633-3673
Pro Shop: Ext. 1
Dining Reservations: Ext. 2
Wellness Center: Ext. 3

boothbayharborcc.com



Welcome Back Members!

Welcome back for the 2022 season!

We were honored to be recognized by Golfweek Magazine as one of the Top 100 Resort Courses in the US!

In this issue, you'll find photos from our Member Opening Party, information on upcoming golf events, tennis and pickleball clinics, and special member events.



Welcome back for the 2022 season! So wonderful to see so many of you at our Member Opening Party!

We were honored to be recognized by Golf Week Magazine as one of the <u>Top 100 Resort Courses in the US!</u>

We were delighted to also be recognized by Golf Week in 2022 as one of the <u>Top 200 Classic Courses in the US!</u>

Making these prestigious lists, is a testament to the BHCC team who have worked diligently over the last several years — meticulously improving the course, creating challenging holes that take advantage of our natural surroundings and beautiful vistas.

It has been a labor of love and we're thrilled to receive this recognition by Golfweek Magazine.

We're looking forward to enjoying another great season and creating wonderful memories with all of you, our members and dear friends.

All our best, Faul & Giselaine



Member Opening Party 2022
Celebrating a decade of fantastic member opening parties hosted by Paul & Giselaine



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Welcome New Members!

New Golf Members

Bill & Marcia Bunce—Liberty Township, OH
Peter & Patricia Colby—Hingham, MA
Tom & Kim Cooper—San Diego, CA
Robert Gatof—Sherborn, MA
Ben & Kim Harding—Kingfield, ME
Fred Hebert—New Harbor, ME
Reid Huber & Donielle Larson—Weston, MA
Bob & Patricia McCool—Naples, FL
Ron & Diane Nobles—Palm Springs, CA
Craig & Colleen Slater—Snowmass, CO

New Sports Members

Stephanie Branch—Boothbay Harbor, ME
Drew & Lyndsay Burgoyne—Houston, TX
Doug & Kelly Bukaty—Lake Forest, IL
Gentner & Wendy Drummond—Tulsa, OK
Edward & Sophia Dryer—Towson, MD
Tony & Nina Fisher—Gladwyne, PA
Scott & Taylor Lerner—Washington, DC
Patrick McGranaghan & Rhea Lee—Ardmore, PA
Aims & Susie McGuinness—Highlands Ranch, CO
Abigail Pohl & Dan Pierce—Brooklyn, NY
Tobert Tarney & Lee Bowles—Los Angeles, CA
William & Susan Thomas—Tulsa, OK
Bruce & Jodie Willard—Avon, CO

New Social Members

Scott & Catherine Yereance—East Boothbay, ME Nicholas Mitropoulos—Cambridge, MA

WEEKLY GOLF EVENTS

Boothbay Baggers and The Big League

Baggers play every Monday, Wednesday, and Friday starting at 9am. The Big League will play every Tuesday and Friday starting at 11am. Sign-Up on ForeTees, or call the Golf Shop, no later than 2 hours before the game. The Golf Shop completes the pairings an hour prior to the above starting times.

Wednesday Night Ladies' Golf Clinic

Clinics start Wednesday, June 25th and Judy Alvarez is back to lead the way! This is a great method to learn the game, sharpen your skills, and meet other ladies to play golf with. Clinic will run from 4:00-5:30 until June 22, then we move to 2 sessions. We will work on fundamentals, rules, course etiquette, pace of play, and on course experience. \$40.00 per person.

Ladies' 18-Hole League & Tee Party

The Ladies' 18-Hole League is more of a formal setting with formats changing each week. There is a \$10 prize pool and we will tee off in a shotgun format starting @ 8:30am each Wednesday. The Tee Party is an informal choose up that plays 18 holes on Monday's and Friday's starting @ 9:40am.

Men's Little League

Little League is a 9-hole format that has a 5pm Shotgun start every Tuesday. Skins game amongst other wrinkles are included every week.

Ladies' 9-Hole League

League start on Tuesday, May 17th. The 9-hole league is a relaxed gathering of ladies' who want to just play 9-holes. There is a \$5 prize pool and we will tee off on the back 9 starting @ 9:30am.

Sign-up for any of these groups is available on Foretees now. Feel free to call the Golf Shop with any questions.

FRIDAY NIGHT SCRAMBLE

EASILY OUR MOST POPULAR EVENT AT BHCC. SIGN UP INDIVIDUALLY, AS A COUPLE OR AS A 4-PERSON TEAM. FUN FORMATS
WILL VARY FROM WEEK TO WEEK. JOIN US FOR DINNER AND
SCORING IN THE CLUBHOUSE FOLLOWING GOLF. SIGN-UP ON
FORETEES OR BY CALLING THE GOLF SHOP TODAY!

FRIDAYS FROM MAY 13 – SEPTEMBER 23

TIME: 5:00PM SHOTGUN START (4PM IN SEPT)

ENTRY FEE: \$15 PER PERSON

MAY 13 – REGULAR JULY 23²– REGULAR

May 20 – Regular July 29 – Double Jeopardy

MAY 27 - STRING AUGUST 5 - STEP ASIDE

June 3 – 3-Clubs & a Putter August 12 – Regular

JUNE 10 - STEP ASIDE AUGUST 19 - STRING

JUNE 17 – DOUBLE JEOPARDY AUGUST 26 – NO EVENT

JUNE 24– REGULAR SEPT 2 – DOUBLE JEOPARDY

JULY 1 – STRING SEPT 9 – STRING

July 8 – 3-Clubs & A Putter Sept 16 – Short Course

July 15 – Short Course Sept 23 – Regular

Tennis & Pickleball News



Doug Small

Doug Small is our new Head Racquets Professional @ BHCC and is a native of Naples, Florida. He is a very strong player that contributed to and won 4 state championships at Barron Collier High School and was ranked as high as 13 in the state of Florida in his junior career. Doug attended Florida State University, where he was a hitting partner for the Men's team which reached a high of #7 in the country while he was there. Doug has worked as the Head Pro at the Boathouse in Martha's Vineyard for the past 4 years, and just finished his second season as the Director of Tennis and Fitness at Vasari Country Club in Naples. He will be bringing a lot of enthusiasm and energy to both the tennis and pickleball courts this season. He will start here on Memorial Day Weekend, make sure to stop by welcome him to the club.



Hercilio is a pickleball professional based in Naples, FL. He will be here
June 17-19 for a special weekend clinic. He will be doing two 3-hour clinics per
day. Cost is \$150 per clinic and there is a max of 8 players per clinic. If you
want to improve your pickleball technique or strategy, please put these dates
on your calendar. Sign-up on Foretees for the morning or afternoon any of
these days.





May 13-June 25 Class & Clinic Schedule

GROUP FITNESS CLASSES

MONDAY

7:30 - Push & Pull w/ Michele 8:00 - Aqua Aerobics w/ Mary 9:00 - Essentrics w/ Elissa

10:30 – Core & More w/ Michele

TUESDAY

7:30 - TRX w/ Deanna

9:00 - TRX w/ Deanna

10:30 - Qigong w/ Judy

WEDNESDAY

7:30 - Yoga for All w/ Jen

8:00 – Aqua Aerobics w/ Mary

9:00 - Essentrics w/ Elissa

10:30 - Gentle Yoga w/ Jen

THURSDAY

7:30 - TRX w/ Deanna

9:00 - Stretch w/ Brady

10:30 - TRX w/ Deanna

FRIDAY

7:30 - Yoga w/ Stephanie

8:00 – Aqua Aerobics w/ Mary

9:00 – Essentrics w/ Elissa

10:30 – Qigong w/ Judy

SATURDAY

7:30 - Yoga w/ Stephanie

9:00 - Push & Pull w/ Michele

10:30 - Core & More w/ Michele

TENNIS & PICKLEBALL CLINICS

MONDAY

8:00 – Cardio Tennis 10:00 – Men's Tennis Clinic 2:00 – Pickleball Dink & Smash

TUESDAY

9:00 – Pickleball Drill 10:00 – Tennis Doubles Strategy 11:00 – Tennis Fresh Start

WEDNESDAY

8:00 - Cardio Tennis 11:00 - Pickleball Fresh Start 2:00 - Pickleball Round Robin

THURSDAY

9:00 – Tennis Shot of the Week 10:00 – Pickleball Dink & Smash 2:00 – Open Tennis Drill

FRIDAY

8:00 - Cardio Tennis 10:00 - Ladies' Tennis Clinic 11:00 - Pickleball Fresh Start 2:00 - Pickleball Drill

SATURDAY

9:00 - Open Tennis Clinic 10:00 - Tennis Round Robin 1:00 - Open Pickleball Clinic 2:00 - Pickleball Round Robin

Please sign-up for these classes/clinics on Foretees or call the Wellness Center (207-633-3673 ext 3) Also, please stay up-to-date with schedule updates. Space will be limited and members have a limit of 2 future reservations in each category.

Personal Training

Sam is back for his 5th season as the head personal trainer at BHCC. He is a Wellness, Movement & Sports Performance Expert. He received his Master's Degree in Exercise Science from Florida International University, a B.S. from Keene State College and holds or has held strength and conditioning certifications with nationally accredited certifying bodies including NCSA, NASM, Ace, FMS and ACSM.

He enjoys working with a wide range of clients and athletes spanning ages 10 to 85 and fulfilling a variety of goals and objectives. He conducts 'Train the Trainer' courses for personal trainers across the US. Sam has also contributed to publications for Harvard Medical School, The Sports Medicine Encyclopedia, PTontheNet.com and prominent peer reviewed publications such as The Journal of Pediatrics.

Currently, he is working with Stanford's Lucia Packard Children's Hospital researching the affect of on-line training of pediatric heart transplant recipients. When Sam is training and educating he's an avid surfer, paddle boarder, rugby player and youth coach. You can learn more by visiting samberryfitness.com



Sam Berry



Michelle Tagliareni

Michele is a NCSF Certified Personal Trainer and Group Fitness Instructor with over 10 years experience. She holds specialty certificates for TRX, Zumba, Zumba Toning, PIYO, Kettlebell, and Beyond Barre.

She's an energetic trainer with passion to foster health and wellness by creating and designing exercise programs based on clients' needs, goals and abilities. Her areas of expertise are functional movement, strength, balance and core with a twist of fun. She's developed life long relationships with her clients and loves being a part of their health and fitness journey.

When she's not working, she spends time working out, playing golf and enjoying outdoor activities.

You may book your time with either of the trainers on the Foretees app or by calling the Wellness Center @ 207-633-3673 ext 3.



Massage

We would like to welcome back Joie Keller for her third season and Lee Meldrum for her second season as the Massage Therapist team at BHCC. Both of these talented ladies have been very popular with the membership and we look forward to seeing them back for this summer.



Joie Keller



Lee Meldrum

You may book your appointment by calling the Wellness Center @ 207-633-3673 ext 3 or Oceanside @ 207-633-4455. Couples massage is also available at either venue.



Brady Fergola, DC





- Want more speed with your golf swing?
- Have aches and pain during or after your round?
- Want to see first hand how TPI can improve your game?
- Sign up for a comprehensive
 TPI evaluation!

TPI Golf Performance Screening Includes:

- TPI Movement Analysis Screen
- Golf Specific Fitness Assessment
- Detailed breakdown of Findings
- Individualized Golf Specific Exercise Program

The golf performance evaluation utilizes movement assessments which break down the golfer's body into MOBILITY and STABILITY impairments. The impairments are limiting factors in the athlete's ability to improve performance. Identifying and correcting these impairments allows for you to swing more efficiently, reduces injury risk, and improve the longevity of your golf game!

Sign up through the Pro Shop, The Wellness Center, Foretees app, or contact Brady directly:

E-Mail: Brady@midcoastspine.com

Phone: (207) 357-4541



Garden Tour

Explore our beautiful gardens with master gardener, Karen Neill.

Thursday, June 16 at 10:00am









Price is \$20 per person

Register soon to ensure your spot on the tour!

Call 207-633-3673 x2 or

Email dining@boothbayharborcc.com



Special Member Events



French Wine Dinner Monday, June 13th at 6:00pm Join us in Paul's Steak House for an evening of decadent dining and perfect pairings.



Garden Tour Thursday, June 16th at 10:00am Enjoy a leisurely walking tour of our beautiful gardens guided by Master Gardener, Karen Neill.



Bread Making Class Pastry Chef Alex Tallen Tuesday, June 21st at 1:00pm

uesaay, June 21st at 1:00pm Learn to make classic sour dough bread



Oliver Hazard Perry Private Member Deck Party

Friday, June 24th 4:30 - 6:30pm Special member deck party aboard this historic tall ship



Member Dinner at Oceanside

Sunday, June 26th Special member dinner at our Oceanside Resort on the night of the Lighted Boat Parade









GOLFSIDE VILLAS

Minutes away from downtown Boothbay Harbor, the Golfside Villas have spectacular views overlooking the 1st hole of Boothbay Harbor Country Club. Indulge in all of the exclusive membership benefits at Boothbay Harbor Country Club, which is now fully private.

- Discounted golf at BHCC
- Near fitness center/pool
- Private balconies
- Golf course views
- Air conditioning/Luxury linens
- King-sized beds/en-suite baths

The six-bedroom villas can also be rented as 2, 4 and 5-bedroom. Separate one-bedroom suites are also available.

RATES (peak is 6/17-9/8):

One-Bedroom (private patio and kitchenette)
Off Peak: \$2,000/wk, Peak: \$3,000/wk

Four-Bedroom (full kitchen, decks, game room, hot tub) Off Peak: \$6,000/wk, Peak: \$10,000/wk

Six-Bedroom (full kitchen, decks, game room, hot tub) Off Peak: \$9,000/wk, Peak: \$15,000/wk

For those who enjoy a water view, we offer harborside cottages which can be viewed on our website.

BoothbaySummerCottages.com Reservations: 207-633-4455 x602

